

Privacy policy.

Privacy Policy for Common Thread Counseling Chicago

Effective Date: 3/1/2025

At Common Thread Counseling Chicago, we value and respect your privacy. This Privacy Policy outlines how we collect, use, and protect your personal information when you visit our website www.commonthreadcounselingchicago.com

1. Information We Collect

We may collect the following types of information:

Personal Information: This includes information that you provide to us directly, such as your name, email address, phone number, and other contact details when you fill out forms, request information, or schedule an appointment.

Health-Related Information: If you choose to disclose health-related information through forms or during consultations, it will be handled with the utmost confidentiality in accordance with HIPAA (Health Insurance Portability and Accountability Act) and Illinois state law.

Website Usage Information: We may collect information about how you interact with our website, including your IP address, browser type, and browsing activity. This is collected through cookies or other tracking technologies.

2. How We Use Your Information

We use the information we collect for the following purposes:

To communicate with you, respond to your inquiries, and provide information about our therapy services.

To schedule and manage appointments.

To improve the content and functionality of our website.

To comply with applicable laws, regulations, and legal requests.

3. Sharing Your Information

We do not share your personal information with third parties, except in the following situations:

With Service Providers: We may share your information with trusted third-party service providers who assist us in operating our website or providing therapy

services (e.g., scheduling tools, payment processors). These providers are required to maintain the confidentiality and security of your data.

As Required by Law: We may disclose your information if required by law or legal process, such as in response to a subpoena, court order, or government inquiry.

For Emergency Situations: In cases of emergency where there is a risk of harm to you or others, we may disclose information as necessary to ensure safety.

4. Security of Your Information

We take reasonable measures to protect the security of your personal information, including administrative, physical, and technical safeguards. However, no method of transmitting or storing data is completely secure, and we cannot guarantee the absolute security of your information.

5. Cookies and Tracking Technologies

Our website may use cookies or other tracking technologies to enhance your experience. Cookies are small data files stored on your device to help us analyze website traffic, remember your preferences, and improve your user experience. You can control the use of cookies through your browser settings.

6. Your Rights and Choices

Access and Correction: You have the right to access and correct your personal information that we hold.

Opt-Out: You may choose not to receive marketing or promotional communications by following the opt-out instructions in those communications.

Delete Your Information: In some cases, you may request the deletion of your personal information, subject to legal and contractual obligations.

7. Children's Privacy

Our website is not intended for individuals under the age of 13, and we do not knowingly collect or solicit personal information from children. If you are a parent or guardian and believe we have collected personal information from a child under 13, please contact us immediately so we can take appropriate action.

8. Links to Third-Party Websites

Our website may contain links to external websites. We are not responsible for the privacy practices of these third-party sites, and we encourage you to read their privacy policies before providing any personal information.

9. Changes to This Privacy Policy

We may update this Privacy Policy from time to time. Any changes will be posted on this page, and the effective date will be revised accordingly. We encourage you to review this policy periodically to stay informed about how we are protecting your information.

10. Contact Us

If you have any questions or concerns about this Privacy Policy or our privacy practices, please contact us at:

Common Thread Counseling Chicago
ally@commonthreadcounselingchicago.com
517.914.5794